

2023 SUMMIT SKI RACE

Race Events Feb.4, 2023

- 3.5k Middle School/Youth 9:30am
- 7k High School Skate – 1015am
- 25k College Pursuit – 11:00am
- Citizen Races, including: 30k Skate, 25k Pursuit, and 10k Classic – 11:15am
- 0.5k and 1.5k Kids Races (FREE) – 12:15pm

Registration Fees

Until February 4th

\$10 Youth (18 & under) | \$25 College Race
\$35 Adult Classic, if received by Jan. 31st, 2023
\$45 Adult Skate/Pursuit, if received by Jan. 31st, 2023
\$55 Adult races if received Feb. 1st, or after.

Name _____

Address _____

City _____

State/Zip _____

Phone _____

Email _____

Male Female Age (On Race Day) _____

I hereby release the sponsoring clubs, its members or agents, and any person officially connected with the competition from all liability for any injury or damages.

Participant Signature

_____ Date _____

Parent or Guardian Signature

_____ Date _____

Mail Registration Payable to:

4-H Canski
c/o Scott Nesvold
P.O. Box 182
Bayfield, WI 54814

For More Information:

visit www.ashwabaysummitskirace.com
or call 715-209-3584

Due to weather, course conditions, or other circumstances beyond the race organizers control, the start may be delayed, race distances changed, or the event canceled. Sorry, there are no transfers or refunds of entry fees.

Summit Ski Race
Contact: Scott Nesvold
715-209-3584
P.O. Box 182
Bayfield, WI 54814



Saturday, February 4th 2023

Mount Ashwabay Ski & Recreation Area

3 miles South of Bayfield, WI.

A community run cross country ski race. Funds raised promote youth ski development programs, & quality trail grooming.

Overall winners and age group winners get a pie!



3.5k Middle School - 7k High School
Classic - 25k College/Adult Pursuit -
30k Adult Skate, 10k Adult Classic,
0.5k and 1.5k Kids Races



CHEQUAMEGON AREA NORDIC

Please note, we will be monitoring the situation around the Covid-19 virus and taking mitigation steps to help ensure a safe event and venue for everyone involved. We will fully document these protocols once they are established. Keep in mind the structure of the race can change as circumstances change and we will do our best to post that information on our website in a timely manner.

NO ONE should participate if they have signs or symptoms of Covid 19.

Face covering required for start/finish area, and inside buildings. Please see the website for COVID-19 updates.

RACES

The Mt. Ashwabay Summit Race offers 3.5 youth, 7k high school Skate, 25k adult pursuit race (world cup style, transition area to switch skis and poles), 30k adult skate and 10k adult classic. All races start and finish at the Mt. Ashwabay Chalet. Classic and skating lanes are provided throughout the skate courses. Middle school racers are encouraged to do the 3.5k race. High school racers are encouraged to do the 7k Skate race.

START

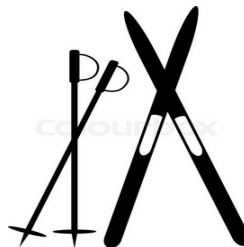
This year will be back to wave starts for each race.

*Race officials may modify wave starts as needed to safely & efficiently run the event.

TIMING

Timing services provided by Duluth Timing and Events. Results will be posted at the Mt. Ashwabay Chalet following the races, and at www.ashwabaysummitskirace.com

Saturday,
February 4th
2023



SCHEDULE

8:30AM-11:00AM - Bib pick up at Mt. Ashwabay

9:30AM - 3.5k Middle School / Youth Freestyle

10:15AM - 7k High School Skate

11:00AM - 25k College Pursuit

11:15AM - Citizen Races - 30k Skate, 25k Pursuit, and 10k Classic

12:15PM - 0.5k and 1.5k Kids Races (Free)

*Due to weather and/or course conditions, the start may be delayed, race distances changed, or the event cancelled.

AWARDS

Home-baked cookies go to all participants of the .5k Kids Race. The overall and age group winners of each race will receive a homemade pie; 2nd and 3rd places, a plate-sized cookie bar. Awards will be given to the top 3 male and top 3 female finishers of the Middle School (MS) race in each division, and top 5 of High School (HS). Team awards for both MS & HS will be given as well.

Middle & High School Divisions:

MS: 5th-6th grade, 7-8th grade

HS: 9th-12th grade

Adult Race Age Divisions:

19-29, 30-39, 40-49, 50-59, 60-69, 70+

The awards presentation will be held following the races at Mt. Ashwabay at 11:30AM for MS/ High School youth & 12:30PM for college and adults.

UW
Extension

University of Wisconsin-Extension

This is a community-run cross country ski race. Funds raised are used to promote youth ski development and quality trail grooming.



Ashwabay Outdoor Educational Foundation promotes the enjoyment of the outdoors, and healthy, strong communities. With Mt. Ashwabay Ski & Recreational Area as the base for activities, the Foundation offers an outstanding venue for healthful recreation to enhance physical fitness.

AOEF

P.O. Box 1401

Bayfield, WI 54814

715-779-3227

info@mtashwabay.org

www.mtashwabay.org

4-H CANSKI is a club devoted to promoting cross-country skiing in the Chequamegon Bay area. We are looking for new members, coaches, and equipment. For more info, please contact:

Doug Liphart

UW-Extension Office

201 W. Main Street, RM 107

Ashland, WI 54806

715-682-7017

doug.liphart@ces.uwex.edu

www.4hcanski.org

Bayfield Nordic is a club dedicated to enhancing cross-country facilities, trail grooming and maintenance across the Northwoods WI region. Labor and grooming equipment is gifted by this group. Any donations to help us continue this mission are appreciated.

Bayfield Nordic

P.O. Box 182

Bayfield, WI 54814

715-209-3584

www.bayfieldnordic.org

*An AA/EEO employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, Title IX and ADA requirements.